

# NEWSLETTER

Hours of leisure  
Miles of pleasure

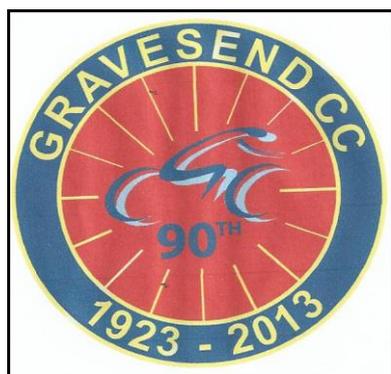
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## NEARLY 90 & STILL YOUNG!



Gravesend's 2013 Reliability grupetto – from l-r Alan Teale, ?, Joe Booth, Keith Ward, Steve Harrington, Kate Savage, Jim Peck, Leon Gower, Dan Woodrow, Jason Tibbs, Anthony Westwood (newest memb), Clive Walker, Brian Perry - +Patrick McMaster organizing event and Mike Coulter assisting. Roll call of 14 = good: and many with club clothing underneath water/widndproofs. Great turnout – well done

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The commemorative lapel badge/badge in the process of being produced to mark the 90<sup>th</sup> anniversary of the Club. This is a one-off to mark the occasion. Chosen by consensus of club members it features the more modern GCC logo while retaining the essential characteristics of the original badge. The blue will be darker and the red less bright on the finished product, more in keeping with the original shades.

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**Gravesend Cycle Jumble – February 10, 10am-12.30,** Meadow Rooms, Cobham. Anything to buy and sell? Then this is where you need to be! Hot and cold refreshments – ideal place for the post ride tea/coffee. If you want to sell, then a table is £10/£7 outside or if you only have the odd item contact Roger Stevens (01474 745884) who will sell if for you for a contribution to Club funds. Buying – then you'll find unbelievable bargains for items you never wanted. Either way – this is the place to be Sunday 10 February. Entrance £1.

## This & That .....

Welcome to new members **Clive Walker, Andrew Webster, David Evans, Victory Akinjomo, Anthony Westwood** and just today **Stuart Cavanagh**. **Welcome all.**

**Note:** *The monthly Club night is no longer held at Harden Hall, Northfleet. It will be held at Cyclopark on the first Wednesday of each month from 7.30-9pm in the café area.*

Jason has often performed a thankless task going to the Hall and no-one turning up. This combined with the fact that there are many younger members now and as Cyclopark offers greater possibilities we have decided to have a trial period of holding the Club night there. This will be the winter timings as in spring and summer we expect Cyclopark to be open longer and members can bring their bikes and use the track as well. We may need to review the summer usage as i) we will be holding our weekly Evening 10s which always results in an informal meeting and ii) we will need to see which evenings there is racing on at Cyclopark.

**Well done** to **Patrick McMaster** for organising the Gravesend CC & CTC Reliability Ride in aid of the Air Ambulance. 45 riders raised £147. Excellent; well done the peddlers.

I won't complain about the £4 for the local 10s or the £8 for open events again. Recently my thoughts have turned towards doing some running again, so I bought a running magazine. I was then flabagasted at the prices charged for some events - £22 for one 5k/3.25m race - so perhaps £8 for a 100m event is good value, even though you might have to spend up over 5hrs in the saddle. In fact the longer you take doing it the better value!!!! At least with the 5k it's over in minutes!

**Well done** to **Jason** for sorting out this year's kit order. Two new items - the GCC coloured buff and the very large GCC named holdall - have so far proved very popular; only 1 bag and 2 buffs left. The only hiccup seems to be the gripper on the shorts so we may need to rethink the shorts in the next order.

Watch out for further news on **Richard Bettaney!**

**Commiserations** to **Kate & Joe**. These are individual commiserations in case this may lead to matrimonial 'discussions'! **Kate** after doing a ride, felt stuffed - very stuffed and had to be rescued by her less energetic other half only to end up in A & E! She discovered she still hadn't recovered fully after riding up Cobhambury hill ready for the Reliability Ride. Still it was then downhill for her back home. Hope you recover soon.

**Joe**, having recovered from his Achilles/tendonitis troubles, was keen to make up for lost time. Having advertised to company for a Friday ride he fortunately, as it turned out, later had the services of **Steve Harrington**. They were riding to Toys Hill when Joe came off on a very damp man hole cover and bent his rear derailleur hanger. They straightened it and carried on, but about a third of the way up the whole rear derailleur came off ('due to the high amount of power we were both laying down' quote from Steve; - heard

the one about pigs and flying Steve?). *“We took the rear derailleur off and cycled to the nearest train station to get a train home. I say we cycled. I cycled while pushing Joe along since as we didn’t have a chain tool we weren’t unable to shorten his chain to make his bike rideable. Joe then got the train to Gravesend where he was able to get a new rear hanger fitted and he was then able to ride home. Looks like Toys Hill got the best of GCC this time”.*

### Our man ‘down under’ – Steve Hunter



While Steve basks in sunshine he emails *“I rode 100km up and down and UP again. The route I took was scenic but wrong gears and wrong bike, but I still made the 10% climbs grinding out my last cog. Then a little 4-5km run on the back of it”*

We won’t winge about the weather here Steve – snow, cold, wind, rain!

What a star though – wearing out kit. Some things just feel and look right. Would the NZers feel safer if our ‘model’ was behind the bars????

Good luck Steve.

(Steve is in New Zealand preparing for the ironman event in March)

### Len’s Walks

These continue and are regularly attended by man, woman, offspring and beast! December’s walk was from Boxley village led by Graeme Moir, along the valley up the scarp of the North Downs along the ridge and then back down. Unfortunately regular attended Colin Pearson had suddenly gone down with a bug. The in January Mike Hickie led the walk from Limpsfield Chart, which I couldn’t walk as I was having my screws removed. I did make it to the post-walk revelry in the local hostelry though! On this walk we had our youngest walker, Jamie, 10yrs old, who completed the full distance of just over 6 miles.

**February 3rd’s** walk will be led by Mike Coulter from the Cricketers, Meopham Green, Meopham, 10am. Either park in pub car park or on the road round the Green, opposite the pub.

**March 3<sup>rd</sup>** – to be led by Len Brown from the Leaves Green area. Further details nearer date

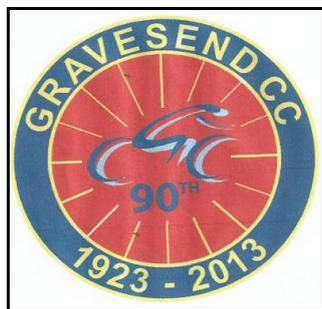
# 90<sup>th</sup> Anniversary Year

This is Gravesend Cycling Club's 90<sup>th</sup> year – the birth day is 27 February.

## 1. *Commemorative badge.*

We are having a special metal clip badge made to commemorate the year – the badge shown on the front cover. This badge will be a one-off, solely for the 90<sup>th</sup> year. The badge design was a consensus decision by members from a number of proposed designs. The new GCC letters design has been on the club clothing for some time – a design originally suggested by former member graphic designer Mike Smith – and it was felt that this would reflect the modern club while still retaining the original GCC lettering from the original badge design and the links with the origin of the club.

Original badge



Anniversary commemorative badge with new style GCC logo but retaining the essence of original design.

## 2. **Reunion Buffet**

There is to be a reunion buffet (approx £11) held at Cyclopark on Sunday 16<sup>th</sup> June. The general details are that a room will be hired at Cyclopark, 11am-3pm, when former and current members can meet. Cyclopark track will be available for members to ride round – with the whole or part of the track, on hire bikes or their own.

For active riders the theme will be the **90**. The Club Run will focus on a 90km ride ending back at Cyclopark, partaking in the lunch if desired or just mingling with other members. For those not inclined towards the Club Run then hopefully at Cyclopark they can ride, for example 9.0km, 9.0 furlongs, 9.0 laps of whichever circuit they choose, 9.0 minutes – I think you get the idea!

Hopefully members will bring past GCC memorabilia – photos, articles, etc that bring the Club history and old memories to life.

### 3. Annual Dinner and Awards Presentation

This will be held on Friday November 15<sup>th</sup> at the Civic Centre Gravesend. Cost per head in the £27.50-£30 range for 3 course meal. We are trying to make this an upgraded affair in order to reflect the importance of the 90<sup>th</sup> anniversary. Again hopefully past members will attend and past GCC memorabilia will be available.

### 4. Anniversary rides

From spring to autumn informal anniversary 'rides' will be organised based on a local pub. A short, easy, gentle paced ride followed by a meal or drink in the pub. You don't have to ride – just turn up and meet the others and enjoy the refreshment.

## Forthcoming Events

**Patrick McMaster** is organising some Audax events this year in our area:

**Sunday March 17th:** Invicta Grimpeur 100km and Invicta Hilly 50km. Starting at Otford. These are tough rides, going up and down some of the steepest hills in the Sevenoaks area. More details here: <http://www.aukweb.net/events/detail/13-190/> and <http://www.aukweb.net/events/detail/13-189/>

**Sunday May 12th:** the Hop Garden series of 200km,160km, and 100km. Starting from Meopham. More details here: <http://www.aukweb.net/events/detail/13-207/> and <http://www.aukweb.net/events/detail/13-206/> and <http://www.aukweb.net/events/detail/13-205/>

Also the **Castle Ride 100** is on **May 19** from Tonbridge which is run for the benefit of the charity Action Medical Research for Children. It can be ridden as a charity ride or as a sportif. There are three distances – 33m/71m or 104m. No details of cost for sportif though. Contact details 01273 735788 or [www.action.org.uk/castle](http://www.action.org.uk/castle) .

## Fallen Heroes?? *by Roger Stevens*

(I should point out that Roger submitted this article some time ago, before the USADA's report was published, and it is down to me that I have not printed it before. I could claim foresight, or influence, in getting the Winfrey interview to occur at a suitable time for the publication of a GCC Newsletter, but then, like Lance, I might suffer in the credibility stakes and end up on a par with him. At least I win clean!!)

A personal and partial point of view -- feel free to disagree and put an opposing point of view. Dialogue welcomed !

Great to see Alberto back in the Vuelta. Returning after a ban based on questionable test results that would probably not have held up in a court of law, ("beyond reasonable doubt ...."). The race was tailor-made for him and the other Spanish

climbers. Enforced lack of racing maybe took the edge of his ability, but he still showed that his old exciting form is not too far away. WELCOME BACK !!

And equally great to see Lance taken down a bit. OK, all the other main players were doing much the same as him. Some had the grace to acknowledge it. But Lance stands alone in his arrogance. He ended the racing careers of at least two fellow pros who dared to voice an anti-doping point of view. He also tried hard to destroy the bike business of former colleague Greg Lemond because he voiced the 'wrong' opinion.

Yes, he'll always be the seven-times Tour winner, but a god no longer.

"Got his comeuppance" is I think the expression.

## WHAT DO YOU THINK ??

*Ed. As many of you know I have never been an Armstrong 'fan'. His manner towards others, towards the European racing scene, his selfishness, his lack of personality, his disdain for everyone not immediately useful to him all made him someone I could not 'warm' to. Even despite the fact he 'won' 7 Tours (which thankfully now have been removed), for me he never merited more admiration than the 5 time winners or many other (not all) winners – and those in the early days who rode in atrocious conditions, with such basic gear and over such long stages. These are the real 'winners' and heroes of the Tour and the heroes of European cycling. Incidentally conditions which would not be tolerated today. Armstrong's actions showed no respect for that tradition or other riders who wanted to compete with a different philosophy. I still want to know how he could have avoided being detected while all those around him were caught. More needs to come out; he has not told all the truth. Why has he decided to 'confess'? A leopard and its spots.....*

*I would not reduce his life time ban. I would hope that legal action can be taken against him to i) recover monies he won illegitimately ii) to redress legal action his took against others and iii) for perjury. I concur with Nicole Cooke "he's a disgusting individual". I would be quite happy for him to train on his turbo till his heart's content.....behind bars!!! His ban can then be rescinded all the while he stays there!.*

## My Olympics *by Roger Stevens*

(Again my apologies to Roger for this not appearing sooner – it's solely down to me)

Being a cyclist of the old school, my choice of Olympic viewing was guided by what I could watch for free. We (son James & I) saw the men's road race at West Byfleet in Surrey. The race came through the High Street, then we went to a nearby park, sat in the sunshine watching it on a big screen for the rest of the day. Food wagons and side stalls as well -- smashing day !

All set for a similar day on Sunday -- women's road race on the big screen at Cyclopark. The race was screened as planned, but unfortunately it rained hard all day, damping down a promising day. Credit to the Cyclopark and Gravesham Borough.

Couple of weeks later, we went to see the paracyclists at Brands Hatch. We took the free 'park & ride' from Wrotham Hill Field, and found a good spot on the climb up Scratchers Lane. Saw the time-trial and the 'mass-start' hand-cyclists. It was all awesome, and quite humbling. Cyclists with one arm and one leg went up Scratchers Lane much faster than I could. The hand-cyclists flew on the flat, but found the uphill very difficult. Pity there were not more spectators at the roadside to cheer them on.

Not the Olympics, but finished it off with the finish of the Tour of Britain at Guildford -- massive turnout for a full day's entertainment. All of a sudden, Britain can really 'do' cycling.

## FRANCE 2013

The bracketed letter after a place name indicates the nearest large town. A + indicates that it is further than the indicated main town. I have made a rough calculation that Boulogne (B) is approximately 20 miles from the Channel Tunnel, Le Touquet (LeT) 35 and St Omer (StO) 30 miles, Calais (C) 5 miles. MTB means there are MTB routes/distances as well.

Date	Event name	Start	Distances		
<b>April</b>	7	Rand cyclotst Anserienne	Oye-Plage (C)	30,60,90	
	14	Rand Marquiesienne	Marquise(C)	25/50/75	
	28	Le Velo Schien	St M-Boulogne (B)	30,50,100	
<b>May</b>	1	Chatx moulins et abbayes	Montreuil (LeT)	60	
	5	Sur les traces de Napoleon	Le Portel (B)	50,90,150	
	5	29 <sup>th</sup> Rand St Michel	Roquetoire (StO)	30,50,70,100	
	8	Rand des Mines	Auchel (LeT+)	30,60,90	
	8	Les Coteaux de la Hem	Zutkerque (C)	30,60,90	
	9	Sur la route Le P-Bonningue	Le Portel(B)	50/75/100	
	10	Cyclotourist Convention	Houdain (StO+)	33-150+MTB	
	11	Cyclotourist Convention	Houdain (StO+)	63,77,120+MTB	
	12	Rand de la Biche	Samer (B)	30/60/90	
	12	Carre de Valles	Ardres (StO)	25/60/100/150	
	19	Rand des 2 Caps	St M-Boulogne (B)	50,80,120	
<b>June</b>	26	A travers bois et forets	Ledringhem(StO)	20/40/60/80	
	2	La Reinette	Boulogne	50/75/98	
	2	Rand La Francois 1 <sup>st</sup>	Ardres (StO)	25/65/105	
	9	La cycl'isques	Isques (B)	50,75,1	
	9	La Conconessoise	Longuenesse (StO+)	25/55/80+MTB	
	16	Rand de monts et forets d'Artois	Isbergues (StO)	37/65/90	
	23	Rand de la baie St Jean	Wimereux (B)	30,70,100	
<b>July</b>	30	Balade Etaploise	Etaples (LeT)	30/60/90	
	7	La Ronde des Clochers	Hazebrouck (StO+)	30/60/90	
	7	Rand de la Mouette	Neuf-Hardelot (B)	30,60,80	
	7	Rand de l'OSA Cyclo	Aire sur Lys (StO)	30,60,80	
	14	Brevet des Estivants	Cucq (LeT)	30,60,90	
	21	Rand Estivale	Le Portel (B)	50/75/100	
	28	Rand de la Moule	Wimereux (B)	40/70	
	<b>August</b>	11	Brevet des monts	Cucq (LeT)	40,80,120
		18	Rand de l'Oree du bois	Rang du Fliers (LeT)	20,50,100
		25	10 <sup>th</sup> Ronde des Fraudeurs	Steenvorde (StO+)	25/50/80
<b>September</b>	1	La Cambresienne	Cambrai	20,40,60,80	
	1	La route Cap Gris Nex	St Omer	3150+MTB	
	1	la Rando Hesdinoise	Hesdin (LeT+)	40,75	
	15	Rand du PAarc de l'Aa	Gravelines (C)	40/60/90/120/150	
	21	22 <sup>nd</sup> Rand des As	Isbergues (StO)	32/62/90/120/150	
	22	Rand d'Automne	StM-Boulogne	50,70	

**NB:** *This listing is a selection based on my possible ride preferences and the ease of getting to a destination. Don't forget also the hour's time difference. There are many more ride (including MTB & cyclotourist) possibilities within the Pas de Calais and the Nord. For a full listing try the [www.ffct.org](http://www.ffct.org) site.*

## Gravesend CC 2013 Racing Programme

(Draft/proposed programme)

<b>March</b>	17	Sun	GCC	10	Q10/24	1400	(road bikes)
	23	Sat	GCC	10	Q10/24	1100	(road bikes)
<b>April</b>	<b>7</b>	<b>Sun</b>	<b>KCA (Ch-Eldridge)</b>	<b>25</b>	<b>Q25/8</b>	<b>0700</b>	
	9	Tues	GCC	10	Q10/24	1830	
	16	Tues	GCC	10	Q10/24	1900	
	<b>21</b>	<b>Sun</b>	<b>Sydenham (Ch)</b>	<b>25</b>	<b>Q25/8</b>	<b>0700</b>	
	23	Tues	GCC	10	Q10/24	1900	
	30	Tues	GCC	10	Q10/24	1900	
<b>May</b>	<b>5</b>	<b>Sun</b>	<b>Wigmore (Ch)</b>	<b>25</b>	<b>Q25/8</b>	<b>0630</b>	
	7	Tues	GCC	10	Q10/24	1900	
	14	Tues	GCC	10	Q10/24	1900	
	21	Tues	GCC	10	Q10/24	1915	
	28	Tues	GCC	10	Q10/24	1915	
<b>June</b>	<b>2</b>	<b>Sun</b>	<b>KCA (Ch)</b>	<b>50</b>	<b>Q50/11</b>	<b>0600</b>	
	4	Tues	GCC	10	Q10/24	1915	
	11	Tues	GCC	10	Q10/24	1915	
	<b>16</b>	<b>Sun</b>	<b>KCA (Ch)</b>	<b>100</b>	<b>Q100</b>	<b>0600</b>	
	18	Tues	GCC	10	Q10/24	1915	
	25	Tues	GCC	10	Q10/24	1915	
<b>July</b>	2	Tues	GCC	10	Q10/24	1915	
	9	Tues	GCC	10	Q10/24	1915	
	14	Sun	Gravesend	25	Q25/8	0630	
	16	Tues	GCC	10	Q10/24	1915	
	<b>21</b>	<b>Sun</b>	<b>VTTA</b>	<b>50</b>	<b>Q50/11</b>	<b>0630</b>	
	23	Tues	GCC	10	Q10/24	1915	
	<b>28</b>	<b>Sun</b>	<b>De Laune (Ch)</b>	<b>25</b>	<b>Q25/8</b>	<b>0630</b>	
	30	Tues	GCC	10	Q10/24	1915	
<b>August</b>	7	Tues	GCC	10	Q10/24	1915	
	<b>11</b>	<b>Sun</b>	<b>KCA (Ch)</b>	<b>50</b>	<b>Q50/1</b>	<b>0630</b>	
	14	Tues	GCC	10	Q10/24	1915	
	<b>18</b>	<b>Sun</b>	<b>VTTA</b>	<b>25</b>	<b>Q25/12</b>	<b>0630</b>	
	21	Tues	GCC	10	Q10/24	1845	
	28	Tues	GCC	10	Q10/24	1845	
<b>Sept</b>	7	Sat	GCC	10	Q10/24	1400	
	<b>15</b>	<b>Sun</b>	<b>KCA (Ch)</b>	<b>25</b>	<b>Q25/10</b>	<b>0730</b>	
<b>October</b>	<b>6</b>	<b>Sun</b>	<b>GCC(Snr Ch)</b>	<b>10</b>	<b>QHC/1</b>	<b>1100</b>	

### South East Open & Association Events 2013

<b>Jan</b>	1	Southboro & Dist Whs	10	Q10/10	1000	£8
<b>March</b>	9	VTTA	10	Q10/22	0730	8
	10	KCA 3 upTTT	25	Q25.12	0700	24
	23	Southboro & Dist	10	Q10/33	1430	8
	24	V C Elan Hilly	22	QS/7	0900	8
<b>April</b>	1	Thanet RC (2 up TT)	9.5	QS/3	0830	16
	7	KCA	25	Q25/8	0700	8
	13	West Kent	10	Q10/22	0730	8
	20	Catford	10	Q10/19	0620	8
	21	Sydenham	25	Q25/8	0700	8
	28	KCA	10	Q10/22	0730	8
<b>May</b>	5	Wigmore	25	Q25/8	0630	8
	11	Bexley	10	Q10/24	1500	8
	12	VTTA	30	Q30/2	0630	8
	19	San Fairy Ann	50	Q50/1	0600	10
<b>June</b>	1	De Laune	10	Q10/24	1500	8
	2	KCA	50	Q50/11	0600	8
	6	VC Elan	10	Q10/30	1900	8
	8	Sevenoaks Tri	10	Q10/22	0730	8
	9	VC Elan	25	Q25/8	0630	8
	13	VC Elan	10	Q10/30	1900	8
	16	KCA	100	Q100	0630	8
	20	VC Elan	10	Q10/30	1900	8
	22	Thanet RC	10	Q10/42	1500	8
	23	VTTA	25	Q25/8	0630	8
	27	VC Elan	10	Q10/30	1900	8
	29	San Fairy Ann	10	Q10/22	0730	10
	30	Thanet RC	25	Q25/10	0630	8
<b>July</b>	6	KCA	10	Q10/42	1500	8
	7	VTTA	10	Q10/30	0630	8
	14	Gravesend CC	25	Q25/8	0630	8
	21	VTTA	50	Q50/11	0630	8
	28	De Laune CC	25	Q25/8	0630	8
<b>August</b>	3	VTTA	10	Q10/22	0730	8
	11	KCA	50	Q50/1	0630	8
	18	VTTA	25	Q25/12	0630	8
<b>Sept</b>	1	KCA	12hr	Q12	0630	12
	8	Catford Cc	25	Q25/8	0700	8
	15	KCA	25	Q25/10	0730	8
	22	West Kent RC (GP Gents)	25	Q25/20	0730	16
<b>Oct</b>	5	GS Avanti	H/C	QHC/1	1100	8
	6	Wigmore CC	H/C	QHC/11	1030	8
	13	VTTA	15	Q15/20	0800	16

**GCC Clothing** (at Feb 2013)

<b>Road Jersey</b>	SS/FZ	M	2	£43.20
	SS/SZ (o/s)	4(L?)	1	£30.00
<b>Jacket (Roubaix)</b>		L	1	£54.00
	(o/s)	3(M?)	1	£40.00
<b>Jacket (Windtex) (l/wt)</b>		(M/L)	1	£58.80
<b>Jacket (fleece) (M Coulter)</b>		L	1	£35.00
<b>Gilet (Wintex)</b>		M	1	£39.60
<b>Bibshorts</b>		M	1	£48.00
		L	1	£48.00
	(o/s)	2(S?)	1	£20.00
<b>Skinsuit</b>	SS	M	1	£72.00
	(o/s) SS	4(L?)	1	£40.00
	(o/s) LS	6 (XXL?)	1	£20.00
<b>Overshoes</b>			3prs	£13.20ppr
<b>Armwarmers</b>		M	2prs	£15.60
		L	1pr	£15.60
<b>Bufs/Multitube</b>			2	£9.60
<b>Holdall</b> – Gravesend labelled, black, very large			1	£20.50

## **2013 Awards – what you are competing for!**

### **Gravesend BBAR (Best Allrounder)**

This is the fastest combined time for a 25, 50 and 100 mile rides in Championship designated events.

### **Senior Men's Championship**

The highest number of points accumulated over any 5 Gravesend Championship events

### **Veterans' Championship**

The highest number of points accumulated over any 5 Gravesend Championship events. Points will be calculated **based on veteran age standard times.**

### **Evening 10 Championship - Seniors**

The lowest total time of 5 events. (Times adjusted pro rata if non 10m course)

### **Evening 10 Championship - Veterans**

The highest total age standard time from 5 events. (Times adjusted pro rata if non 10m course)

### **Handicap Championship**

The highest + time over a handicap time which is based on the average of the 3 fastest rides in the season

### **The Tom Taylor Trophy**

The best improvement in a 10 mile time in the first year of Gravesend CC membership

### **The Tom Medley Trophy**

The time nearest to the hour in any event without breaking the hour

### **Hill Climb Championship**

The rider with the fastest time in the Gravesend Hill Climb event.

### **The Eldridge Memorial Trophy**

The first Gravesend rider in the designated Eldridge 25 mile time trial

### **Attendance Trophy**

For the Gravesend member who has accumulated the most points by attending the most Club activities. Attending any one activity gains 1 point. All activities carry equal points – riding, Club night, marshalling, time keeping etc

### **Pym Hill Trophy**

For outstanding contribution(s) to the Club during the season.

### **Half Wheel Trophy**

Awarded by the Runs' Captain at his/her discretion for half wheeling or other generally provocative tendencies with the bunch!

### **The Sydney William Goldsmith Trophy**

Awarded at the discretion of the Club for any special achievement.

**The Road Race Award**

Awarded by the Club to recognise achievement(s) by a Gravesend rider in road racing.

**The Touring Award**

Awarded by the Club to recognise achievement(s) by a Gravesend rider in cycle touring.

**The Mountain Bike Award**

Awarded by the Club to recognise achievement(s) by a Gravesend rider in mountain biking.

**Ramsay Cup**

A team award, awarded to the fastest team of 3 riders in the Ramsay Cup 25.

**Wooden Spoon**

Awarded, at the Club's discretion, for an event or action which has caused a 'stir'!

(+ number of counting events is up for review)

## Ground Rules for Competitions

1. In riding in these competitions it is expected that, if a winner, you will receive your award at the annual Club Dinner and Presentation. This is just showing respect to those that have competed but have not been successful, and often those who attend the Presentation anyway, as well as it being an important part of the Club's social life.
2. It is *your responsibility* to send **any** event results, GCC, Open or otherwise to the Race Secretary. GCC will not trawl around to find your results. You need to provide (i) the promoting club (ii) course code (iii) date (iv) your time. If you are submitting road race, mountain bike or touring results or information then the corresponding information is required.
3. Important dates for 2013:
  - Last date for submission of results    Friday 11 October 2013
  - Finalisation of Award Winners        Friday 18 October 2013
  - Annual Dinner and Presentation        Friday 15 November 2013

*so don't say you haven't been told or warned!!*