

or 7lbs 12oz. Both mother and baby after spending one night in the hospital were allowed home.



It gives me great pleasure to introduce you all to Niamh Erin Harrington. She was born on the 27th April at 15:05 at Medway maritime hospital to Luke and Sarah Harrington. She weighed 3.520 kg

Congratulations to all three of you from Gravesend Cycling Club, hopefully Kate might have some competition in a few years.

Well spring has finally sprung don't you think?

There is definitely the chance that we may have a season of racing but it looks increasingly unlikely that we will get any sportives this year. There may be some in late September or possibly in October, but even these will not be the grand scale that Ride London was or used to be. I think that we need to accept that the format may have to change and that the mass start event may be different from now on.

Likewise the latest from British Cycling seems to indicate that the 1st of August will be the earliest date that any form of Time trial can commence. However, this remains fluid. However, of more positive note is that Club affiliated rides can start again on 4th July. Pro events will start on 1st September. British Cycling say they will publish guidelines next month as to what we can and can't do which will hopefully give us some clarity on the road ahead.

So hopefully we will all meet up on the 5th July for a club run – but who knows.

The Pro calendar is busy to say the least as the UCI seek to cram in the Tour de France, Giro and Vuelta along with Milan San Remo, Ghent – Vevelgem, Tour of Flanders, Liege Bastogne Liege, Ghent 6 day, Paris Roubaix and Amstel Gold not forgetting the World Championships into 2 months.

I reckon a campervan would be a good investment (Dave Evans & Mark Watkins) for a road trip in Europe in mid September. Alternatively invest in Sky for Eurosport as there will be Cycling on every day for all of September, October and early November.

So now to Strava – who have decided to fully endorse their subscriber market and push the free user onto the backburner. The format that most of us use, will no longer be freely available soon. Yes we will still continue to use it but I feel that Strava feel threatened by the other training apps and have decided to up the game. The subscription is not much per month (say a couple of energy bars) and there is talk of a club membership option renewable every year with a restriction on minimum number of users.

I think that the Zwift platform has really taken off and Strava is trying to compete. They have finally dropped the Summit tag and just gone with Strava. The biggest problem is that it will make it difficult to share routes as non subscribers will not have access to this function.

And now from the CTT:

We're receiving an increasing number of enquiries about when it will be possible to start events once more. Many will have seen that British Cycling issued a release yesterday in which it was said that for international and national level

races, including national series and championships, the suspension of events was extended until 01 September 2020, and that for regional racing the suspension of events was extended until 01 August 2020. The Board of CTT consider that by its very nature time trialling is different to road racing and consequently for time trials it will be easier to accommodate the government's guidelines on the measures that need to be put in place to help control the spread of COVID-19 and in particular the requirement for social distancing. We're hoping that it will be possible for events to take place, perhaps initially in some limited form, in the not too distant future. We understand that the government is looking at ways outdoor sport and social activity can resume once more, although currently we don't know when that will be. Presently all CTT events are suspended up to and including 30 June. There is to be further government guidance announced on Monday next week, 01 June, and it is anticipated that a further CTT release will be issued shortly after. Plans are being put in place so once we're able to, we can start events once more and guidance will be given to all clubs and CTT districts in good time to allow this to happen.

Full Sus, but id rather get a decent road bike next year instead.

We will see what happens next, ideally I'd like to do a couple of mtb sportives and get myself fully back into it. I am looking to do the London to Brighton Off road ride next year – anyone else interested?



So you will have seen my musings on getting an MTB and then John drops his you only need a Gravel Bike bit.

I am tempted by a Gravel Bike and don't doubt its appeal as it would make a very good winter bike too as well as being more than suitable for most of the trails around here. Problem is I intend to use several bike Parks and a Gravel bike would not be ideally suited to this. Coupled with my regular (at least once every 2 months) to the peak district. I have decided to stick to my guns and get myself a hardtail. I could easily spend thousands on a